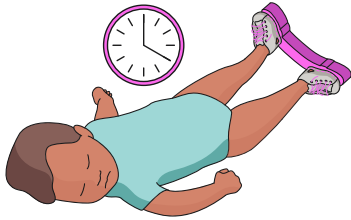


First 3 months:

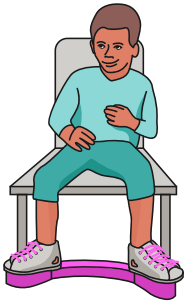
wear brace 23 hours per day.

After 3 months:

wear brace when sleeping (naps and night) until child is 5 years old.



The brace is a really important part of treatment. Clubfoot can come back if the brace is not worn every day.



Your baby may cry at first but will get used to wearing the brace if you use it every day.

The brace won't stop your baby from sitting, crawling, and playing.



REMEMBER

- Make sure the baby's heel is flat in the shoe.**
- If socks are worn, make sure they are not creased.**
- Shoes must be attached to the bar for the brace to work.**
- Check regularly for red marks, blisters, or cold toes.**
- If the shoes are getting too small or if you are having any problems with the brace consult with your clinic.**



How to use a Brace



miraclefeet

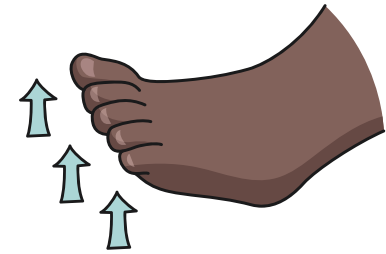
How to Use the Brace



- 1 Disconnect the shoe from the bar by pressing the tab



- 2 Loosen the laces and Velcro on the shoe



- 3 Gently stretch the baby's foot upwards



- 4 Put the baby's foot into the shoe. Look through the inspection hole to make sure that the heel is completely down



- 5 Hold the baby's heel in the shoe by attaching Velcro, then tie laces firmly



- 6 Slide shoes onto the bar

Using the brace is very important. If you want your baby to be able to run, walk, and play please use the brace every night.

